

University of the Incarnate Word®
Bachelor of Science in
Kinesiology - Certification Track

Ila Faye Miller School of Nursing and Health Professions

PROGRAM OVERVIEW

The Bachelor of Science (B.S.) in Kinesiology – Certification Track at the Ila Faye Miller School of Nursing and Health Professions at the University of the Incarnate Word is for individuals interested in promoting positive exercise, physical activity, and health and wellness behaviors in children and adults. The program of study leading to the Bachelor of Science degree prepares students for three career paths (All Level Teacher Certification, Personal Trainer and Non-Certification). The All-Level Certification track requires the student to complete 122 credit hours for graduation. This includes 38 hours of University core classes and 84 hours of degree required classes.

QUICK FACTS

- The track offers students the opportunity to earn a Kinesiology degree and Texas Teacher Certification.
- UIW Kinesiology alumni have also found employment in a variety of fields to include physical educators, coaches, personal trainers, professional sport management, military, law enforcement, occupational therapists, physical therapists and professional athletes.

ADMISSION REQUIREMENTS

The requirements for admission to the B.S. in Kinesiology - Certification Track are the same as the requirements for admission to the University of the Incarnate Word.

CONTACT

UIW Admissions
(210) 829-6005
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IN THE WORLD**

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B.S. in **Kinesiology - Certification Track**

FRESHMAN YEAR

Fall

Fine Arts Course (3 hours)
 DWHP 1200: Dimensions of Wellness (2 hours)
 ENGL 1311 or 1311L: Composition I (3 hours)
 PHIL 1381: Introduction to Philosophy (3 hours)
 Social Science Course (3 hours)
 PEHP 1190: Activity Lab (1 hour)
 Team Activity Courses (1 hour)

Total Hours: 16

Spring

Modern Language I (3 hours)
 ENGL 1312: Composition II (3 hours)
 History Course (3 hours)
 MATH 1304: College Algebra (3 hours)
 RELS 1000-Level Course (3 hours)
 Individual/Dual Activity Course (1 hour)

Total Hours: 16

SOPHOMORE YEAR

Fall

PEHP 3301: Motor/Fitness Develop Children (3 hours)
 PEHP 3312: Motor/Fitness Develop Adolescent (3 hours)
 PEHP 2301: Tests and Measurement (3 hours)
 Modern Language II (3 hours)
 Rhythmic Activity Course (1 hour)
 EDUC 2305: Foundations of Education (3 hours)

Total Hours: 16

Spring

PEHP 3302: Motor/Fitness Develop Pre-Adolescent (3 hours)
 PEHP 3314: Theory of Coaching (3 hours)
 ENGL 2310: World Literature Studies (3 hours)
 EDUC 3345: Critical Concepts Secondary Education (3 hours)
 BIOL 2321: Anatomy and Physiology I (3 hours)
 BIOL 2121: Anatomy and Physiology I Lab (1 hour)

Total Hours: 16

JUNIOR YEAR

Fall

PEHP 3350: Theory of Movement Forms (3 hours)
 PEHP 3315: Principles of Health (3 hours)
 RELS or PHIL Upper Level Course (3 hours)
 BIOL 2322: Anatomy and Physiology II (3 hours)
 BIOL 2122: Anatomy and Physiology II Lab (1 hour)
 Team Activity Course (1 hour)
 PEHP 1113: Physical Conditioning (1 hour)

Total Hours: 15

Spring

PEHP 3371: Care and Prevention of Injuries (3 hours)
 PEHP 4301: Principles of Human Move (3 hours)
 PEHP 4333: Human Performance (3 hours)
 EDUC 3383: Integ. Ped. in Secondary and MS (3 hours)
 EDUC 3385: Cultural Responsive Teaching (3 hours)
 Aquatic Activity Course (1 hour)

Total Hours: 16

SENIOR YEAR

Fall

EDUC 3373: Learning Theories (3 hours)
 EDUC 3380: Pedagogy in Secondary and MS (3 hours)
 Team Activity Course (1 hour)
 PEHP 4345: Psychomotor Development (3 hours)
 Individual/Dual Activity Course (1 hour)
 Individual/Dual Activity Course (1 hour)
 Elective (3 hours)

Total Hours: 15

Spring

EDUC 4305: Teaching Applications Seminar (3 hours)
 EDUC 4605: Teaching Apprenticeship (6 hours)
 EDUC 3340: Technology in Education (3 hours)

Total Hours: 12

122 hours needed to complete the B.S. in Kinesiology - Certification Track.