

University of the Incarnate Word®
Bachelor of Science in
Kinesiology - Non-Certification Track

Ila Faye Miller School of Nursing and Health Professions

PROGRAM OVERVIEW

The Bachelor of Science (B.S.) in Kinesiology - Non-Certification Track at the Ila Faye Miller School of Nursing and Health Professions at the University of the Incarnate Word prepares students with interests in exercise, health, fitness, and wellness to find employment in different fields outside of teaching. Non-Certification graduates have found careers in coaching, athletic administration, professional sports, military, law enforcement and charitable institutions. The Non-Certification track requires students to complete 120 credit hours for graduation. This includes 38 hours of university core classes and 82 hours of degree required classes.

ADMISSION REQUIREMENTS

The requirements for admission to the B.S. in Kinesiology - Non-Certification Track are the same as the requirements for admission to the University of the Incarnate Word.

CONTACT

UIW Admissions
(210) 829-6005
admission@uiwtx.edu

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Kinesiology - Non-Certification Track

B.S. in **Kinesiology - Non-Certification Track**

FRESHMAN YEAR

Fall

DWHP 1200: Dimensions of Wellness (2 hours)
 ENGL 1311 or 1311L: Composition I (3 hours)
 PHIL 1381: Introduction to Philosophy (3 hours)
 Social Science Course (3 hours)
 PEHP 1190: Activity Lab I (1 hour)
 Team Activity Course (1 hour)

Total Hours: 13

Spring

ENGL 1312: Composition II (3 hours)
 History Course (3 hours)
 MATH 1314: College Algebra (3 hours)
 RELS 1000-Level Course (3 hours)
 Individual/Dual Activity Course (1 hour)
 Elective (3 hours)

Total Hours: 16

SOPHOMORE YEAR

Fall

PEHP 3301: Motor/Fitness Develop Children (3 hours)
 PEHP 3312: Motor/Fitness Develop Adolescent (3 hours)
 PEHP 2301: Tests and Measurement (3 hours)
 Modern Language I (3 hours)
 Rhythmic Activity Course (1 hour)
 RELS or PHIL Upper-Level Course (3 hours)

Total Hours: 16

Spring

PEHP 3302: Motor/Fitness Develop Pre-Adolescent (3 hours)
 PEHP 3314: Theory of Coaching (3 hours)
 ENGL 2310: World Literature Studies (3 hours)
 Modern Language II (3 hours)
 Elective (3 hours)
 Aquatic Activity Course (1 hour)

Total Hours: 16

JUNIOR YEAR

Fall

PEHP 3350: Theory of Movement Forms (3 hours)
 PEHP 3307: Worksite Health Promotion (3 hours)
 BIOL 2321: Anatomy and Physiology I (3 hours)
 BIOL 2121: Anatomy and Physiology I Lab (1 hour)
 Individual/Dual or Team Activity Course (1 hour)
 Individual/Dual or Team Activity Course (1 hour)
 Individual/Dual or Team Activity Course (1 hour)
 Elective (3 hours)

Total Hours: 16

Spring

PEHP 3315: Principles of Health (3 hours)
 PEHP 3371: Care and Prevention of Injuries (3 hours)
 PEHP 4301: Principles of Human Movement (3 hours)
 PEHP 4333: Human Performance (3 hours)
 BIOL 2322: Anatomy and Physiology II (3 hours)
 BIOL 2122: Anatomy and Physiology II Lab (1 hour)

Total Hours: 16

SENIOR YEAR

Fall

PEHP 4345: Psychomotor Development (3 hours)
 Individual/Dual Activity Course (1 hour)
 Individual/Dual Activity Course (1 hour)
 Individual/Dual Activity Course (1 hour)
 Developmental Activity Course (1 hour)
 Developmental Activity Course (1 hour)
 Fine Arts Course (3 hours)
 PEHP 1113: Physical Conditioning (1 hour)
 Elective (3 hours)

Total Hours: 15

Spring

PEHP 3305: Motor Development Fit and Health (3 hours)
 PEHP 4395: Practical Experience (3 hours)
 Electives (6 hours)

Total Hours: 12

120 hours needed to complete the B.S. in Kinesiology - Non-Certification Track.