Bachelor of Science in Rehabilitative Sciences
Pre-Athletic Training Track

Ila Faye Miller School of Nursing and Health Professions

**PROGRAM OVERVIEW**

The Bachelor of Science (B.S.) in Rehabilitative Sciences program at the Ila Faye Miller School of Nursing and Health Professions at the University of the Incarnate Word is designed to be a pathway for students wishing to continue into professional graduate programs in athletic training, physical therapy, medical school, occupational therapy and physician assistant areas. The curriculum structure and content gives the graduate a strong foundation and credentials to embark on other careers in advanced healthcare settings or to enter the workforce as entry-level technicians in healthcare settings.

Students interested in pursuing a professional degree in other health profession fields may select a concentration they feel is the most appropriate to their professional goals, and an individualized advising plan may be necessary.

**Pre-Athletic Training Track:** This track is designed for students with the drive, ambition and academic preparation required to become an athletic trainer and promote overall health and wellness.

**ADMISSION REQUIREMENTS**

The requirements for admission to the B.S. in Rehabilitative Sciences are the same as the requirements for admission to the University of the Incarnate Word.

**CONTACT**

UIW Admissions
(210) 829-6005
admission@uiwtx.edu
# B.S. in Rehabilitative Sciences - Pre-Athletic Training Track

## FRESHMAN YEAR

**Fall**
- ENGL 1311: Composition I (3 hours)
- Core History Course (3 hours)
- Fine Arts Course (3 hours)
- MATH 1304: College Algebra (3 hours)
- RELS Course (3 hours)
- **Total Hours: 15**

**Spring**
- ENGL 1312: Composition II (3 hours)
- DWHP 1200: Dimensions of Wellness (2 hours)
- BIOL 1402: General Biology I (4 hours)
- BIOL 2321: Anatomy and Physiology I (3 hours)
- BIOL 2121: Anatomy and Physiology I Lab (1 hour)
- PHIL 1381: Introduction to Philosophy (3 hours)
- **Total Hours: 16**

## SOPHOMORE YEAR

**Fall**
- REHS 2310: Introduction to Rehab Science (3 hours)
- BIOL 2322: Anatomy and Physiology II (3 hours)
- BIOL 2122: Anatomy and Physiology II Lab (1 hour)
- ENGL 2310: World Literature (3 hours)
- Modern Language I (3 hours)
- PSYC 1301: Introduction to Psychology (3 hours)
- **Total Hours: 16**

**Spring**
- REHS 2350: Medical Term and Documentation (3 hours)
- REHS 2151: Patient Assessment Practicum (1 hour)
- PSYC Course (3 hours)
- PHYS 1301: General Physics I (3 hours)
- PHYS 1101: General Physics I Lab (1 hour)
- Modern Language II (3 hours)
- **Total Hours: 14**

## JUNIOR YEAR

**Fall**
- REHS 3320: Cultural Issues in Healthcare (3 hours)
- REHS 3410: Introduction to Pathopharm for Healthcare Professionals (4 hours)
- REHS 3330: Applied Biomechanics and Interventions (3 hours)
- CHEM 1301: Chemical Principles I (3 hours)
- PUBH 2310: Essentials of Public Health (3 hours)
- **Total Hours: 16**

**Spring**
- REHS 3360: Integrated Patient Management I (3 hours)
- REHS 3350: Professional Development (3 hours)
- NUTR 2341: Introduction to Nutrition (3 hours)
- PSYC 3331: Abnormal Psychology (3 hours)
- RELS or PHIL Upper-Division Course (3 hours)
- **Total Hours: 15**

## SENIOR YEAR

**Fall**
- REHS 4310: Integrated Patient Management II (3 hours)
- REHS 4350: Collaborative Care in Health and Disability (3 hours)
- PSYC 3381: Stats for Behavioral Science (3 hours)
- REHS 3370: Healthcare Communication (3 hours)
- NUTR 4356: Nutrition and Human Performance (3 hours)
- **Total Hours: 15**

**Spring**
- REHS 4320: Exercise Physiology (3 hours)
- REHS 4360: Informatics and Evidence in Healthcare (3 hours)
- PSYC 3384: Research Methods (3 hours)
- PUBH 4320: Essentials of Epidemiology (3 hours)
- PEHP Activity Course (3 hours)
- **Total Hours: 15**

122 hours needed to complete the B.S. in Rehabilitative Sciences - Pre-Athletic Training Track.