Unicorn Athletics

Emergency Action Plan

Important Numbers
Emergency Procedures
Emergency Chain of Command
Emergency Room Information
Emergency Equipment
A. IMPORTANT PHONE NUMBERS

New Braunfels High Main Office...............................................................(830) 627-6000
Coach Streety.........................................................................................Office (830) 627-6138
                   Mobile (210) 289-2543
Joseph Hernandez, Athletic Trainer.................................................Office (830) 627-6135
                   Mobile (830)-237-2746
Talia Risinger, Athletic Trainer........................................................Office (830) 627-6135
                   Mobile (830) 822-4506
New Braunfels EMS.............................................................................911 or (830) 221-4200
Comal County Sheriff...........................................................................911 or (830) 620-3400
New Braunfels PD................................................................................911 or (830) 221-4100
Christus Santa Rosa-NB.....................................................................(830) 606-9111
Dr. David Starch, Orthopedics...........................................................(830) 625-3481
Christus Promptu Urgent Care............................................................830) 387-4991
Christu Santa Rosa-NB.......................................................................(830) 606-9111

B. EMERGENCY PROCEDURES
In the event of a serious injury the athletic trainer/coach is responsible for the following:

a. Location of phones or other communication device to contact an athletic trainer, doctor, ambulance, or hospital.

b. Designate person to make telephone call.

c. Designate person to open gates and padlocks

d. Designate person to control crowd

e. Information to be given over the phone:
   * type of emergency situation
   * type of suspected injury
   * present condition of the athlete
   * current assistance being given
   * location of telephone being used
   * exact location of emergency and how to enter the facility.

f. Notification of parents of injured player.

g. Designate a coach that will accompany the injured athlete to the hospital.

h. Designate a coach to complete insurance claim form and give the form to parents or coach accompanying the injured player to the hospital.

i. Always remain at hospital until parents/guardian arrive or until released by the Physician

j. Have coaches and other school personnel aware of this plan and make sure they know his or her responsibilities
C. ATHLETIC EMERGENCY Chain of Command

The Universal Chain of Command should be followed in the event of ANY athletic injury.

**The Universal Chain of Command:**

Team Physician - EMS

Athletic Trainer - EMS

Coach – EMS

**INJURY ASSESSMENT**

#1 Team Physician if on site
#2 Athletic Trainer if on site
#3 Coach

**ALWAYS RULE OUT ANY LIFE-THREATENING SITUATION BEFORE GOING TO EMERGENCY OR NON-EMERGENCY ROUTE**

**EMERGENCY**

EMS on site?

- YES
  - Coach call
  - EMS transport
  - Assistant Coach
  - 1. Activate EMS
  - 2. Contact Parents
  - 3. Items needed:
    - *student info
    - *claim form
  - School Administrator, Security, or student Trainer awaits and guides EMS to injury site
  - EMS transport

- NO
  - Coach stay with athlete
  - EMS transport

**NON-EMERGENCY**

Serious?

- YES
  - Administer first aid as for the injury situation
  - Re-evaluate injury on sidelines
  - Assistant Coach
  - 1. Activate EMS as needed
  - 2. Notify parents
  - 3. Complete claim form
  - *If in doubt, keep the athlete OUT!!

- NO
  - Assist athlete safely off field
  - If EMS transport needed follow emergency procedures
  - Re-evaluate after game

ALWAYS DOCUMENT THE INJURY SITUATION AND ALWAYS FOLLOW UP WITH:

* Athletic Trainer
* Parents
* Athlete

2551 Loop 337 New Braunfels, Texas 78130 Office:830.627.6135
D. CENTRAL TEXAS EMERGENCY ROOM AND URGENT CARE CENTER INFORMATION

New Braunfels

Christus Santa Rosa-NB
600 North Union
New Braunfels, Texas 78130
(830) 606-9111

Christus Promptu Immediate Care
1659 State Hwy 46 #610
New Braunfels, Texas
(830) 606-5533

Texas Med Clinic
1922 Tx-46
New Braunfels Texas 78132
(830)632-5092

University Hospital - Level 1 Trauma
4502 Medical Drive
San Antonio, TX
(210) 258-4000
E. Emergency equipment and Locations

a. **AT Medical Kit** will be present with the athletic trainer, typically, behind the home bench.

b. **Emergency Bag** is located within the athletic training. It is bright red with the EMS Star of Life logo.

c. **AEDs** are located in various placed around the campus.

   i. Field House—One is located directly outside the ATR and the other outside the equipment room.

   ii. Baseball—Unit is in the storage room of the concession stand.

   iii. Tennis and Softball—Unit is inside the girl’s dressing room, directly across from the ROTC building.

   iv. School Building-Outside of Nurses Station adjacent to competition gym.

d. **Epi-Pens** are located outside of the Nurse’s clinic in a storage box-no key required.

e. **Phones** coach’s must make sure that they have access to their phone during every practice and competition. They should store the important contact numbers located on page 2 of this document.
New Braunfels High School
2551 Loop 337
New Braunfels, Texas 78130

Locations of wall-mounted AED units
And campus access points